

4<sup>TH</sup> ANNUAL ★ SEPT. 18<sup>TH</sup>, 2005

RAFT

RUN



OBSTACLE COURSE

# FREEDOM ★ CHALLENGE

Urban Eco Competition

SEEKING 3 MAN/3 WOMAN TEAMS  
FOR THE REGION'S ONLY  
URBAN ECO COMPETITION!



For more information or to register, go to  
[littlemiamitriathlon.com](http://littlemiamitriathlon.com)  
or contact Gary Morgan at (513)321.3123  
[gmorgan5@cinci.rr.com](mailto:gmorgan5@cinci.rr.com)

OFFICIAL SPONSORS



Morgan's Canoe  
& Outdoor Centers



Cincinnati  
Recreation  
Commission